

2026 Children's & Women's Services Nursing Conference

Thursday, October 8, 2026

7:30 a.m. – 3:00 p.m.

The Hotel Kirkwood Center, 7725 Kirkwood Boulevard SW,
Cedar Rapids, IA 52404



This annual conference is designed to explore patient care innovations for neonates, infants, children, adolescents, and women throughout their life span. Presentations on evidence-based standards of nursing care as well as new technologies, procedures, and research illustrate the constantly evolving nature of nursing practice in a changing health care environment. Topics address both behavioral and clinical issues that are relevant to nurses and ancillary professionals in a variety of settings including acute care, ambulatory, and community-based practices.

Registration Information

Registration Link: <https://uiowa.cloud-cme.com/course/courseoverview?P=0&EID=82165>

Registration Fee:

- Non-University of Iowa (UI) Health Care Attendees = \$90
 - Increases to \$105 after 9/13/2026
- UI Health Care Employees & Nursing Students = \$60
- Registration closes on September 27, 2026.

Refund Policy: Full refund (minus \$10 cancellation fee) if notification received on or before 9/27/2026.

Room Reservations: The conference will be held at The Hotel at Kirkwood Center, 7725 Kirkwood Blvd SW, Cedar Rapids, IA 52404. Call Hotel Kirkwood directly at 319-848-8700 to reserve a room.

Registration QR Code:



IOWA
HEALTH CARE

Stead Family
Children's Hospital

Overarching Program Objectives:

- Review education, research, and practice improvements for care across roles, settings, and patient populations.
- Identify evidence-based implementation strategies to improve patient outcomes within the children's & women's health care setting.
- Discuss diagnosis, treatment, management, and emerging options for neonatal, pediatric, obstetrics, and women's health populations.



Changing Medicine.
Changing Kids' Lives.®

Agenda

0700-0730

Registration & Exhibitors in the Atrium

0730-0735

Welcome – Main Ballroom

0735-0835

Vaccines in 2026: Are They Worth a Shot? – John Dagle, MD, PhD, Professor; Megan Patch, MS, PharmD, BCPS, BCIDP, BCPPS, Clinical Pharmacist

0835-0840

Transition Break

0840-0955

Breakout Session One

Neonatal	Neonatal Sepsis: How Can We Do Better? – Jennifer Bermick, MD, Associate Professor
Pediatrics	Challenges Facing Youth Athletes – Aubrette Kinne, PhD, Associate Director
Obstetrics	How We Talk about Hypoxic Ischemic Encephalopathy (HIE) Matters – Stephanie S. Lee, MD, Clinical Associate Professor; Stephanie Radke, MD, MPH, Clinical Associate Professor
Gynecology	Providing Trauma-Informed Care for Survivors of Female Genital Mutilation – Allie Wampler Sagaga, DNP, ARNP, WHNP-BC, Nurse Practitioner

0955-1015

Break & Exhibitors in the Atrium

1015-1115

Legal Implications of Documentation – Julie Zimmerman, MSN, RN, RNC-OB, C-EFM, Clinical Practice Leader; Jessica Glick, JD, Attorney, Phelan Tucker Law LLP

1115-1215

Lunch & Exhibitors in the Atrium

1215-1255

Breakout Session Two

Neonatal	Neonatal Intensive Care Unit Follow Up Clinic – Kathy Ruppenkamp, BSN, MSN, PNP, ARNP, Nurse Practitioner; Claire Goeke, DNP, RN, ARNP, Nurse Practitioner
Pediatrics	Advances in Technology and Techniques Related to Pediatric Catheterization – Kamel Shibbani, MD, Clinical Assistant Professor Pediatric Neurosurgical Care – Brian J. Dlouhy, MD, Associate Professor
Obstetrics/ Gynecology	Perinatal Environmental Exposures – Mark Santillan, MD, PhD, Professor

1300-1340

Breakout Session Three

Neonatal	Beyond the Neonatal Intensive Care Unit: Parent Panel – Jodi Ballard, BSW, FPSS, Support Services Specialist
Pediatrics	Beyond SSRIs: Ketamine for Treatment-Resistant Depression – <i>This talk includes discussion of the off-label use of ketamine for depression.</i> Katie Braun, DNP, ARNP, FNP-C, PMHNP-BC, Provider, Corridor Ketamine; Beth Westermann, DNP, CRNP, ARNP, Owner, Corridor Ketamine; Jen Wittman, DNP, ARNP, FNP-C, PMHNP-BC, Provider, Corridor Ketamine
Obstetrics	Social Drivers of Health in Obstetrics – Patricia Branch, MD, MBA, DABOM, Clinical Associate Professor
Gynecology	Sleep Apnea and Risk of Miscarriage – Abey Eapen, MBBS, PhD, FCRI, Clinical Associate Professor

1340-1400

Break & Exhibitors in the Atrium

1400-1500

The Everyday Innovator: How Nurses Transform Care Through Everyday Problem Solving – Allison Hurt, MSN, RN, Associate Director, Iowa Nurse Innovators

1500

Closing & Adjourn

Schedule and speakers are subject to change. Faculty are staff of UI Health Care and/or University of Iowa Colleges unless otherwise indicated Contact nursingcontinuinged@uiowa.edu or call 319-356-1238 if you have questions.

General Information



Education Credits: in support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 5.5 ANCC contact hours.

Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

Acknowledgements: We gratefully acknowledge the financial support provided. Determination of educational content for this activity and the selection of speakers are responsibilities of the course director. Firms providing support did not have input in these areas.

The UI Health Care Department of Nursing Services and Patient Care's continuing education programs are developed under the supervision of Christina Woline, DNP, RN, NPD-BC, Associate Chief Nursing Officer – Professional Practice.

Everyone in a position to control the content of this educational activity will disclose to the accredited provider all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All relevant financial relationships will be mitigated.

For more information on upcoming CE offerings:

Visit our website for program information and brochures: <https://uihc.org/nursing-continuing-education-schedule>

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at 319-356-1238 or email nursingcontinuinged@uiowa.edu

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Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-1238.